

SEPTEMBER



BGPS Primary Menu 2016

MONDAY

ELEMENTARY MEAL PRICES (2016-2017)

Bfstr Paid: \$1.65
Bfstr Reduced: Free

Lunch Paid: \$2.50
Lunch Reduced K-3: Free
Lunch Reduced 4th: \$0.40

TUESDAY

Does working in a cafeteria while your children are in school appeal to you?

Nutrition Services is hiring!

Call 360-885-6539 for more information.

WEDNESDAY

Pancake on a Stick ⁷

Sweet & Sour Chicken w/
Rice & Fortune Cookie
Cheeseburger

Turkey Sandwich
Chef Salad (GF)
w/ WG Roll

THURSDAY

V French Toast Sticks ⁸

V Pretzel & Cheese Sauce
Chicken Burger

American Sub Sandwich
Peppi Pizza Salad (GF)
w/ WG Roll

FRIDAY

Sausage Egg & Cheese
Biscuit ⁹

Meatball Sub
Corn Dog
Pepperoni Pizza

Ham Sandwich
Caesar Salad Wrap

Welcome Back Special for Students Only... Free Breakfast September 7nd – 16th!

V Blueberry Bagel
& Cream Cheese ¹²

BBQ Chicken Sandwich
Cheeseburger

Crispy Chicken Wrap
Chef Salad (GF)
w/ WG Roll

V Dutch Waffle
w/ Strawberries ¹³

Chicken Enchilada
Hot Dog
Chicken Nuggets
w/ WG Roll

Turkey Ranch Wrap
Chicken Taco Salad (GF)

Breakfast Pizza ¹⁴

Teriyaki Beef Dippers w/
Rice (GF) & Fortune Cookie
Chicken Burger

American Sub Sandwich
Crispy Chicken Salad
w/ WG Roll

Pancake Griddle ¹⁵

Chili Fritos (GF)
Cheeseburger

Turkey Sandwich
Chef Salad (GF)
w/ WG Roll

Sugar Cookie!

V Cinnamon Roll ¹⁶

V Macaroni & Cheese
Corn Dog
Meat Lovers Pizza

Italian Sub Sandwich
Chicken Caesar Salad (GF)
w/ WG Roll

V Strawberry & Yogurt
Parfait w/ Granola ¹⁹

Philly Cheesesteak w/ Fries
Chicken Burger

Turkey Sandwich
Southern BBQ Salad (GF)
w/ WG Roll

Sausage Egg & Cheese
Muffin ²⁰

V Cheesy Nachos (GF)
Hot Dog
Chicken Nuggets
w/ WG Roll

Italian Sub Sandwich
Chef Salad (GF)

V French Toast Sticks ²¹

Sack Lunch:

Turkey Sandwich, Cheez-It,
Apple, Baby Carrots,
& Chocolate Milk

Breakfast Burrito ²²

BBQ Chicken or Hot Dog

Side Options Include:

Chips, Grapes, Baked Beans,
Pasta Salad & Beverage

BACK TO SCHOOL PICNIC!

V Banana Bread ²³

Meat Lasagna
Corn Dog

V Cheese Pizza

Ham Sandwich
Caesar Salad Wrap

Pancake on a Stick ²⁶

V French Toast Sticks
w/ Hardboiled Egg
Cheeseburger

Ham Sandwich
Chef Salad (GF)
w/ WG Roll

Pancake Griddle ²⁷

Chicken Taquito
Hot Dog
Chicken Nuggets
w/ WG Roll

Turkey Ranch Wrap
Chicken Taco Salad (GF)

Ice Cream Sandwich!

V Cinnamon Roll ²⁸

Teriyaki Chicken Fajita
Chicken Burger

American Sub Sandwich
Crispy Chicken Salad
w/ WG Roll

V Dutch Waffle
w/ Strawberries ²⁹

V Cheesy Breadsticks
& Marinara
Cheeseburger

Turkey Sandwich
Chef Salad (GF)
w/ WG Roll

V Maple Glazed Donut ³⁰

Spaghetti w/ Meat Sauce
Corn Dog
Hawaiian Pizza

Italian Sub Sandwich
Chicken Caesar Salad (GF)
w/ WG Roll

Additional daily breakfast offerings to choose from:

Mini Blueberry Muffin, Assorted Cereal, Cinnamon Toast Crunch Cereal Bar, Rice Krispies Treat, Pop Tart, Nutri-Grain Bar, Low Fat or Fat Free Yogurt, String Cheese, Hardboiled Egg, Fresh Canned and Dried Fruits, Low Fat or Fat Free Milk, 100% Fruit Juice



V = Vegetarian Entrées

GF = Gluten Free Options

★ = New Menu Items

WG = Whole Grain

"This institution is an equal opportunity provider."